



Adults & Adolescents

**Mood Disorders** 

**Depression** 

**Anxiety Disorders** 



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highfocuscenters.com

## Johns Creek, GA Outpatient Mental Health Treatment

High Focus Centers in Johns Creek, GA provides behavioral health treatment for adults and adolescents through evidence-based approaches. Johns Creek provides groupbased interventions for individuals challenged with mood disorders, anxiety symptoms, depression and other mental health struggles.

## We Offer

- » Partial Hospitalization Program (PHP)
- » Intensive Outpatient Program (IOP)
- » Medication Management
- Some Participation
- » Holistic-Based Treatment
- » Family Participation Encouraged
- » GeneSight® Psychotropic Testing

## **Specialty Programs**

- » LGBTQ+ Support
- » Dialectical Behavior Therapy (DBT)
- » Grief Support
- » Wellness/Life Skills
- » Co-Occurring Treatment
- » Trauma-Focused Care

## **Insurances Accepted**

High Focus Centers is in-network with most commercial insurances, including:

- » Aetna
- » Blue Cross Blue Shield
- » Ciana

- » Optum
- » Oscar